

The logo for the Mansfield Health & Wellness Advisory Council features the text "Mansfield Health & Wellness Advisory Council" in a green, serif font. The words "Health & Wellness" are stacked between "Mansfield" and "Advisory Council". The text is set against a light green, abstract background consisting of overlapping curved shapes.

Mansfield Health & Wellness Advisory Council

Mission Statement

“The primary mission of the Mansfield Health Wellness Advisory Council is to provide and develop educational resources to address relevant topics. We strive to promote and support the physical and social/emotional health of our school community.”

Goals

1. Identify areas where teacher oriented programs regarding mental health issues can support positive change
2. Help inform students and families about existing health related activities, resources and supports
3. Advocate for Mansfield employees to value employee input and use the Wellness Committee as a vehicle of change
4. Review and provide recommendations for policy/protocol and program development



2018-2019

CONCUSSION
↑ LegacyFoundation
Learn more at
ConcussionFoundation.org/

STOP
THE BLEED®

SAVE A LIFE

BLEEDINGCONTROL.ORG

The logo for "STOP THE BLEED" features a red octagonal stop sign with a white hand icon. Below the sign, the text "STOP THE BLEED" is written in red. A red horizontal bar contains the text "SAVE A LIFE" in white. At the bottom, the website "BLEEDINGCONTROL.ORG" is written in black and red.

ROLAND GREEN'S INDOOR VERTICAL GARDEN



ROBINSON STUDENTS HARD AT WORK!



**COLD FRAMES BUILT BY MHS ART DEPARTMENT AT
JORDAN/JACKSON**



MR. COTE HELPING TO PREPARE LETTUCE FOR LUNCHTIME SALADS.





HAPPY STUDENTS!

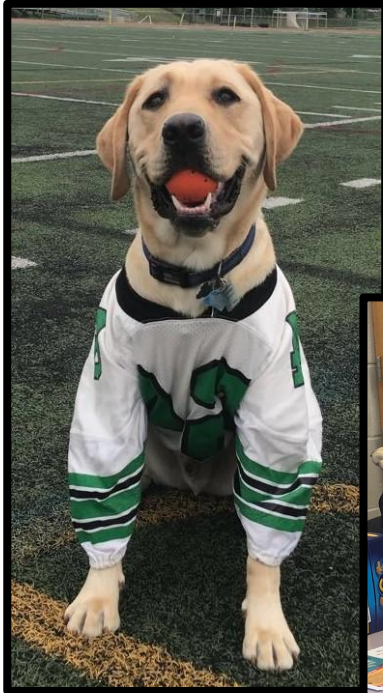
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HAPPY STAFF!

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BENTLEY'S FIRST YEAR



MASSACHUSETTS INTERLOCAL INSURANCE ASSOCIATION (MIIA)

- Free onsite and online training programs and resources which includes information on financial health, insurance support, mental health, and physical health
- Exercise programs were started at the schools and in town hall and they transitioned to online programs which staff have taken advantage of during the pandemic (yoga, nutrition classes, cardio)



Mansfield Health & Wellness Advisory Council

2019-2020

EVALI

(e-cigarette, vaping – associated lung illness)

An Act Modernizing Tobacco Control

signed by Governor Baker 11/27/19

- Awareness of student addiction
- Education grades 6-8 seminars and incorporate in health classes
- Changes regarding discipline





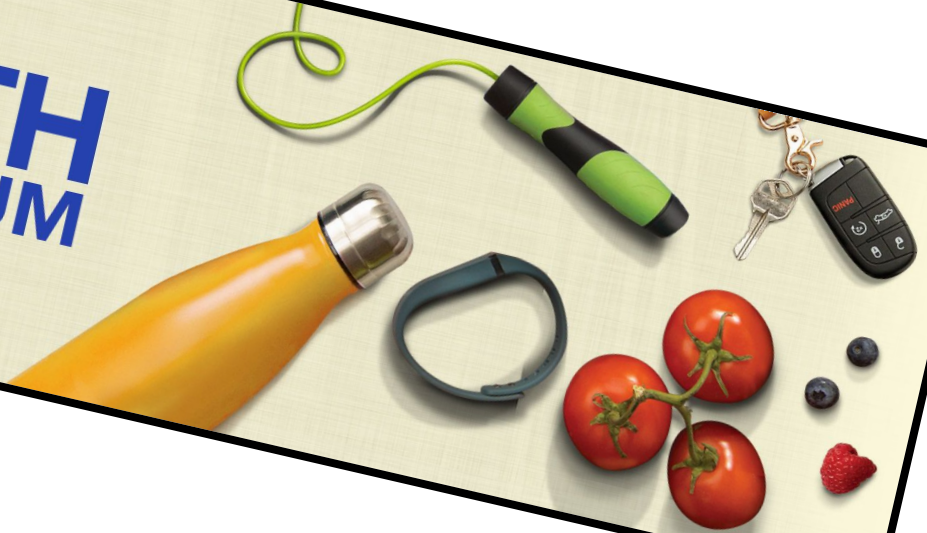
Mansfield High School Cafeteria
Friday October 11, 2019

Focusing on :
Mental Health - Nutrition- Fitness
Mindfulness & More

Through Collaboration with :
Mansfield Police, Therapists, Local Fitness
Experts, Nutritionist's & More

HEALTH CURRICULUM

Grades 6-12



HOCKOMOCK AREA YMCA



DISTRACTOLOGY
DON'T LET
DISTRACTIONS
TAKE OVER.

#Distractology 214 - 218



~~POSTPONED~~



"The Truth About Vaping"

*Community Presentation Through
Mansfield Public Schools*

Wednesday, October 10, 2018 from
6:30-8:00pm

Qualters Middle School Auditorium -
240 East Street

Taylor's Message & Not in the
Playbook

Monday, January 28th from
6:30-8pm, MHS

This Substance Use Awareness
Night will feature two two
heartfelt, first-hand accounts
of substance abuse and peer
pressure.

STUDENT + PARENT EVENTS

Mansfield Public Schools Presents:

Addiction & the Developing Brain

What Every Parent Should Know About Their
Teen's Brain Development

Dr. Ruth Potee presents on how substances and
addictive behaviors impact the brain, how the
brain is injured by prolonged exposure to these
substances and behaviors, and what can be done
to keep teens safer, healthier, and substance-free
through the middle and high school.

Sponsored by the:

**Mansfield
Rotary
Club**



Mansfield Rotary Opioid Initiative

Teen Summit
Teen Safety Summit

Bristol County Underage Substance Use
Prevention Task Force

FREE day long conference will offer tech-free
connectivity, interactive workshop sessions,
resources and prizes.

Tuesday, March 12, 2019- 8:30 a.m. to 1:30 p.m.
(4th Annual Summit)

~~Cancelled~~ April 2, 2020
Time: 8:30am-1:30pm



2020-2021

Bi-Annual Pride Survey (Communities that Care) with COVID-19 Supplement questions

2021-2022

- ★ Regroup
- ★ Regain Momentum
- ★ Support Students and Staff